CROSS OFF EACH DAY YOU PRACTICE

THE MORE SPECIFIC THE GOAL THE RETTER

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CROSS OFF EACH DAY YOU PRACTICE

THE MORE SPECIFIC THE GOAL THE BETTER

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THE MORE SPECIFIC THE GOAL THE RETTER

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CROSS OFF EACH DAY YOU PRACTICE

THE MORE SPECIFIC THE GOAL THE RETTER

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CROSS OFF EACH DAY YOU PRACTICE

THE MORE SPECIFIC THE GOAL THE RETTER

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CROSS OFF EACH DAY YOU PRACTICE

THE MORE SPECIFIC THE GOAL THE RETTER

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CROSS OFF EACH DAY YOU PRACTICE

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THE MORE SPECIFIC THE GOAL THE BETTER

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